BURGERS

HAMBURGER G

Home-made special burger with lettuce, tomato, gherkin, special burger sauce, ketchup, mayonnaise. Served with

CHEESEBURGER G

Home-made special burger with cheddar cheese, lettuce, tomato, gherkin, special burger sauce, ketchup, mayonnaise. Served with chips on the side

TEXAS BURGER & EXTRA SPICY

Home-made special burger with cheddar cheese, labneh cheese, lettuce, tomato, onion rings, broad beans, jalapeno peppers, cream, ketchup & mayonnaise with chips on the side

CHICKEN BURGER G

Breaded chicken burger with cheddar cheese, lettuce, tomatoes, onion rings, ketchup, mayonnaise with chips on the side

12 TAGLIATELLE COOKED cooked with tomato sauce KIDS SPAGHETTI cooked in butter 12 1/4 CHEESEBURGER WITH CHIPS FRIED CHICKEN BURGER WITH CHIPS

10 CHICKEN DONER MEAT WITH CHIPS

CHICKEN NUGGETS WITH CHIPS

CHICKEN WINGS WITH CHIPS

LAMB DONER MEAT WITH CHIPS

KIDS MEALS FOR KIDS UNDER 12 YEARS

SALADS

GRILLED HALLOUMI SALAD V-D

Cherry tomatoes, onions, cucumber, lettuce, avocado, green apples pesto, croutons, vegetable crisps finished with olive oil sauce

GREEK SALAD V-D
Diced & chopped onions, tomatoes, cucumber, sumac, vegetable crisps, black olives & feta cheese

SHEPHERD'S SALAD SPICY V

Chopped tomatoes, onions, parsley, peppers & sumac

	10	GREEN SALAD V-D	1
S,		Red and white quinoa, mascarpone, mozzarella cheese, green apples,	

12

CHICKEN CAESAR SALAD D
Iceberg lettuce, croutons, frilled chicken breast, cherry tomatoes, parmesan cheese & Caesar sauce

LAMB DONER WRAP G-D

Served with mixed salad, rocket, chilli, garlic sauce & chips on the side

CHICKEN DONER WRAP G-D

Served with mixed salad, rocket, chilli, garlic sauce & chips on the side

MIXED DONER WRAP G-D

Served with mixed salad, rocket, chilli, garlic sauce &

LAMB SHISH WRAP G-D

Served with mixed salad, rocket, chilli, garlic sauce &

Served with mixed salad, rocket, chilli, garlic sauce &

10	GREEN SALAD V-D	10
	Red and white quinoa, mascarpone, mozzarella cheese, green apples,	
	cherry tomatoes, Californian peppers, pesto, croutons, vegetable crips	

WRAPS

All served with chip

10	ADANA KOFTE WRAP G-D Served with mixed salad, rocket, chilli, garlic sauce & chips on the side	1
10	CHICKEN BEYTI WRAP G-D Served with mixed salad, rocket, chilli, garlic sauce & chips on the side	1
10	HALLOUMI WRAP G-D Served with mixed salad, rocket, chilli, garlic sauce & chips on the side	1

FALAFEL & HUMMUS WRAP G-D

Served with mixed salad, rocket, chilli, garlic sauce &

CHICKEN SHISH WRAP G-D

SOFT DRINKS

ORANGE JUICE TROPICAL JUICE PINEAPPLE JUICE **CRANBERRY JUICE APPLE JUICE COCA COLA** DIET COKE **FANTA** SPRITE SPARKLING WATER **RIBENA** AYRAN (YOGHURT DRINK) **TONIC WATER SODA WATER** STILL WATER **SALGAM** (TURNIP JUICE)

ICED COFFEES **ICED AMERICANO** ICED LATTE ICED CAPPUCCINO **ICED MOCHA SYRUP** Vanilla, caramel, hazelnut

LIQUEUR COFFEE

10

LOATER COFFEE (ALCOHOL FREE)	5
SAILEYS COFFEE	5
ALYPSO COFFEE	5
RISH COFFEE	5
RENCH COFFEE	5

HOT DRINKS

COFFEE LATTE AMERICANO (BLACK) CAPPUCCINO **FLAT WHITE ESPRESSO** SNGL 2 DBL 3 **MACCHIATO** SNGL 2 DBL 3 HOT CHOCOLATE **ENGLISH TEA** FRESH MINT TEA FRESH LEMON TEA **CAMOMILE TEA PEPPERMINT TEA GREEN TEA**

MILKSHAKES

VANILLA	5
CHOCOLATE	5
STRAWBERRY	5
BANANA	5
OREO COOKIES	5
KINDER BUENO	5
MANGAL SHAKE SPECIAL	5

SMOOTHIES

PINEAPPLE SURPRISE Pineapple, mango & pear	5
BLUEBERRY BLISS Blueberry, raspberry, mango papaya	5
STRAWBERRY DELIGHT Strawberry, banana, peach	5

If you have and allergies or concerns, please speak to a member of staff before ordering. Thanks

V-VEGETARIAN VG-VEGAN GF-GLUTEN FREE G-GLUTEN D-DAIRY N-NUTS 0 2024 Inspire Print Ltd. All Rights Reserved.





OPENING HOURS -

Monday - Thursday: 12PM - 10:30PM Friday - Saturday: 12PM - 11:00PM Sunday: 12PM - 10:00PM

01708 564167 www.mangalmeze.com

100 South Street, Romford, RM1 1RX

HOT STARTERS COLD STARTERS LENTIL SOUP V FETA CHEESE V-D-N-GF Feta cheese served with cucumbers & cherry tomatoes Red lentils & vegetables CHICKEN SOUP 6 MOZZARELLA AVOCADO D Chicken breast with noodles Mozzarella & avocado served with cherry tomatoes AVOCADO PRAWN COCKTAIL D-G LAMB LIVER GF Lamb liver cooked with onions, garlic, chilli flakes & thyme served marinated fresh king prawns, avocado served with garnish and home-made prawn cocktail sauce **CHICKEN LIVER** SAKSUKA v-vg-gF Chicken liver cooked with onions, garlic, chilli flakes & thyme served Aubergine, mix pepper, home-made tomato sauce with GARLIC MUSHROOM D-GF YAPRAK SARMA V Sliced mushrooms cooked with garlic, double cream, parmesan Stuffed vine leaves served with plain yoghurt cheese, fresh thyme & herbs CACIK (TZATZIKI) V-D Finely chopped cumbers, dried mint & hint of garlic in a CRISPY CALAMARI G-D Breaded calamari rings served with tartare sauce creamy yoghurt sauce GRILLED OCTOPUS GF TARAMA G-D Marinated grilled octopus with garlic & herbs Code roe paste with olive oil & lemon juice PAN FRIED PRAWNS GF-D HUMMUS V-VG King prawns pan fried in a rich tomato sauce Pureed chickpeas, sesame oil, garlic & lemon juice CHEDDAR PRAWNS D BABA GHANOUSH D Served with double cream, garlic, herbs & cheddar cheese Grilled & mashed aubergine, tahini, garlic, olive oil & yoghurt SIGARA BOREGI D-G-V MIXED OLIVES V-VG Filo pastry stuffed with halloumi, feta cheese & parsley. Served with Combination of marinated black & green olives sweet & sour sauce VEGGIE STICKS V-VG HUMMUS KAVURMA N-GF Celery, carrots & cucumbers Hummus topped with sauteed lamb & herbs GRILLED HALLOUMI D-GF-V 5.5 Grilled cypriot cheese VEGETARIAN DISHES HALLOUMI FRIES V-D-G Fried halloumi covered in breadcrumbs VEGETARIAN KEBAB v-vg Marinated vegetables cooked over charcoal & served with chef's special sauce on top with rice & salad GRILLED SUCUK GF Grilled spicy Turkish sausage GOAT'S CHEESE & FIG JAM D-GF-V VEGETARIAN CASSEROLE V-GF-D Pan fried mushrooms, tomatoes, peppers, onions, hint of garlic with chef's special sauce served on a hop pan with rice & salad on the side Grilled goat's cheese served with fig jam FALAFEL V-N-G VEGGIE & HALLOUMI KEBAB V-GF-D Chickpeas, vegetable fritters served with hummus Grilled mushrooms, peppers, onions, aubergine, courgette, home-made tomato sauce and grill halloumi served with rice and salad BONELESS CHICKEN WINGS D-G 5 pieces of deep fried breaded chicken wings served with sweet chilli or BBQ sauce VEGETARIAN MOUSSAKA V-GF-D Layers of roasted aubergine, potatoes & zucchini with chef's LAHMACUN G

Turkish pizza served with salad

Classic meat balls served with salad

MEAT BALLS

Hummus, baba ghanoush, saksuka, tarama, cacik, yaprak sarma

COLD MEZE PLATTER

£14

HOT MEZE PLATTER

Calamari, falafel, onion rings, grilled halloumi, grilled sucuk, sigara boregi, served with tartare sauce & sweet chilli sauce

special sauce & creamy bechamel sauce. Served with rice & salad

Deep fried falafel balls layered on hummus, served with

FALAFEL V-VG

£16

OLIED GLILDGOLI	
OVER CHARCOAL	
AS CONTRACTOR AND TO	MED
LAMB DONER D Succulent pieces of thin cut marinated lamb slowly roasted on a vertical spit. Served with rice & salad	13
CHICKEN DONER D Succulent pieces of thin cut marinated chicken slowly roasted on a vertical spit. Served with rice & salad	12
MIXED DONER D Marinated lamb & chicken doner. Served with rice & salad	
LAMB SHISH D Lean tender cubes of lamb skewers grilled over charcoal. Served with rice & salad	14
CHICKEN SHISH D Tender cubes of chicken on skewers, grilled over charcoal. Served with rice & salad	13
ADANA KEBAB Minced lamb seasoned with parsley, paprika & peppers on skewers grilled over charcoalServed with rice & salad	13
CHICKEN BEYTI D Minced chicken seasoned with parsley, paprika & peppers on skewers grilled over charcoal Served with rice & salad	13
LAMB CHOPS D Marinated tender lamb chops grilled over charcoal. Served with rice & salad	
LAMB RIBS D Marinated tender lamb ribs grilled over charcoal Served w salad	rith rice
MIXED RIBS D Marinated 4pcs Lamb ribs & 2pcs Lamb chops cooked over charcoal and served with rice and salad	
CHICKEN WINGS D Marinated chicken wings grilled over charcoal. Served with rice & salad	
GRILLED POUSSIN D marinated whole baby chicken grilled over charcoal and served with rice & salad	
LAMB KULBASTI D Lean lamb served with rice & salad	
COP SHISH D Marinated small cut tender lamb cubes on skewers served tomatoes, grilled peppers, rice and tortilla wrap	l with (
MIXED KEBAB D FOR 1 PERSON 2pcs lamb shish, 2pcs chicken shish, 2pcs chicken wings, ribs, 1pcs lamb chop & adana kebab. Served with rice & sa	2pcs la
ANY 2 COMBINATION D Combination of any 2 small kebabs, served with rice & sale	ad ,

lamb doner & chicken doner

ANY 3 COMBINATION D

lamb doner & chicken doner

Combination of any 3 small kebabs, served with rice & salad

Lamb shish, chicken shish, adana kebab, chicken beyti,

5

5.5

6.5

13

13

12

CHICKEN DISHES

LRG

22

GRILLED CHICKEN BREAST D-GF Marinated chicken breast cooked on charcoal & served with broccoli, cauliflower, asparagus, baby corn, creamy mushroom with sauce on side	17
CHICKEN PRINCESS D Fine sliced chicken breast a creamy sauce with mixed mushrooms, garlic parmesan on top served with rice and salad	17
CHICKEN CASSEROLE GF Fine sliced chicken breast cooked with mixed peppers, mushrooms, cherry tomatoes, onions, asparagus	17
SCHNITZEL SALAD D Breaded chicken breast, mixed leaves, cucumbers, cherry tomatoes, parmesan on top	15
CHEF'S SPECIAL	
KLEFTIKO (LAMB SHANK) Slow cooked lamb shank with baby potatoes, celery, carrots in our chef's special sauce. Served with rice & salad	17
ALTI EZMELI GF Choice of Lamb shish, Chicken shish or Adana kebab on top of aubergine, tomato, pepper paste, served with rice and salad	19
LAMB SARMA BEYTI D-G Minced lamb kofte cooked over charcoal wrapped in tortilla bread with cheese then cut into small pieced. Finished with yoghurt, chef's special sauce & melted butter. Served with rice & salad	17
CHICKEN SARMA BEYTI D-G Chicken beyti cooked over charcoal wrapped in tortilla bread with cheese then cut into small pieced. Finished with yoghurt, chef's spec sauce & melted butter. Served with rice & salad	17 ial
MEAT MOUSSAKA D-GF Minced beef cooked with aubergine, potatoes, courgette, milk & béchamel sauce. Served with rice & salad	15
LAMB CASSEROLE Fine sliced lamb cooked with mixed peppers, mushrooms, cherry tomatoes, onions, asparagus, Served with rice & salad	18
MITITE KOFTA Classic meatballs with chef's special sauce and served with rice and salad	17
PASTAS	
SPAGHETTI NAPOLITAN G Spaghetti with chef's special Napolitan sauce topped with parmesan cheese	11
SPAGHETTI BOLOGNESE G Spaghetti with chef's special Napolitan sauce parmesan on the side	12
CHICKEN TAGLIATELLE G-D Tagliatelle pasta with chicken, mushroom, fresh basil, double cream topped with parmesan cheese	12
SEA FOOD TAGLIATELLE G-D	13

Mixed seafood in tomato sauce & double cream

CDA DOOD DIGITED

SEA FOOD DISHES	<u>S</u>]	DE OF	RDERS
RILLED SEA BASS GF arinated whole sea bass grilled over charcoal served with mash otatoes & salad		IPS v E v-g-d	
RILLED SALMON GF arinated salmon fillet grilled over charcoal served with mash statoes & salad	ON	LGUR v-g (C ION RINGS	V-VG
ARLIC KING PRAWNS GF mbo king prawns cooked in butter with garlic and herbs. Served ith rice & salad	GR	SH POTATO	NS v-vg
IIXED SEA FOOD GF arinated skewers of salmon, monkfish, jumbo shelled prawns ith mushrooms & peppers cooked over charcoal. Served with ash potato & salad	SA Mi	UTEED POT KED VEGET	ABLES v-vg
IONKFISH D-GF arinated monk fish on skewers cooked over charcoal & served ith mash potatoes & salad	8 Carro	ts, mushrooms, pe	eppers, broccoii
RILLED KING PRAWNS D-GF arinated jumbo shelled king prawns cooked over charcoal. Served ith mash potato & salad	¹⁸ [FAMILY S	PECIAL PL
RILLED SEA BASS FILLET D-GF oneless sea bass fillet served with mash potato, broccoli, cauliflower asparagus	8		Starters cik, baba ghanou ak sarma, saksu
ALMON TERIYAKI GF arinated salmon fillet in teriyaki sauce, hoi sin sauce, served with ash potato, broccoli, cauliflower, asparagus & chef's special sauce		amb doner, chic	Main course ken doner, lamb , chicken wings
ALAMARI G-D	18		& salad

FAMILY SPECIAL PLATTER 2

Hummus, cacik, saksuka, baba ghanoush,

Main course

Lamb doner, chicken doner, lamb shish, chicken shish, adana kofte, chicken beyti, chicken wings, lamb chops, lamb ribs served with rice & salad

SEA FOOD PLATTER 4-5 people

Starters

Calamari, scampi, onion rings, sigara borek

Main course

Whole sea bass, filleted sea bass, salmon, king prawns served with salad

85

mash potato, broccoli, cauliflower & asparagus PRAWN CASSEROLE GE 18 Tiger prawns cooked with mixed peppers, mushrooms, cherry tomatoes, onions, asparagus in a pan. Served with rice & salad SEA FOOD CASSEROLE GF 18 Mixed sea food cooked with mixed peppers, mushrooms, cherry tomatoes, onions, asparagus in a pan. Served with rice & salad **YOGHURT DISHES** LAMB DONER ISKENDER D-G Lamb doner on top of toasted bread with chef's special sauce, yoghurt with melted butter on top. Served with rice & salad CHICKEN DONER ISKENDER D-G Chicken doner on top of toasted bread with chef's special sauce. yoghurt with melted butter on top. Served with rice & salad LAMB SHISH WITH YOGHURT D-G 17

Grilled tender lamb on a skewer on top of toasted bread with chef's special sauce, yoghurt finished with melted butter. Served with rice

CHICKEN SHISH WITH YOGHURT D-G 17

ADANA WITH YOGHURT D-G

Grilled chicken on a skewer on top of toasted bread with chef's special sauce, yoghurt finished with melted butter. Served with rice & salad

Grilled adana on a skewer on top of toasted bread with chef's special sauce, yoghurt finished with melted butter. Served with rice & salad

Carrots, m	ushrooms, peppers	s, broccoli	

IROOMS v-vg

2.5

IAL PLATTER 1

ba ghanoush, tarama. ma, saksuka

oner, lamb shish, chicken en wings served with rice

4-5 people

tarama & yaprak sarma

85